



Be Still ...

In the midst of busy lives, making time to pause and reflect can seem counter intuitive, but is in fact a huge investment which can be beneficial in many ways.

For those who want it to, taking time to pause and reflect can also create space in which we can meet God in a powerful way. A space where we can offer everything that is going on in our lives to God, allowing Him to help us to carry our burdens, and giving Him space to speak, comfort and shape us.

*Be Still ... Why not join us in
Church for a time of gentle
contemplative prayer & reflection
on the 3rd Sunday of each month
@ 6.30pm
Starts on Sunday 21st July,
everyone welcome.*